

LARES TREK TO AGUAS CALLIENTES

Duration: 4 days / 3 nights

Fitness level: Moderate

Includes:

- English speaking professional guide
- All meals

Not included:

- Sleeping bag
- Tips for the guide



Tour itinerary:

DAY ONE:

We leave Cuzco at 5am and arrive at Urubamba, in the Pumawanca district of the Sacred Valley, later in the morning. In the Hacienda Pumawanca we enjoy our fulfilling breakfast while the muleteers arrange our equipment on the mules.

Shortly after breakfast we begin our ascent through an area of Eucalyptus and local plants and trees, then after one and a half hours of walking we arrive at the first resting place where we can take a refreshing swim in a stunning crystal clear stream (3215masl.).

After we have rested we will continue on to our lunch spot close to the archaeological site of Inkaracay. Here we can appreciate an Inca building of 2 floors at 3500masl. In the afternoon we walk towards the first waterfall at 3730 masl. We pass by a very typical village with its mud houses covered with Andean ichu grass.

From the waterfall we have an amazing view of the landscape we just have just walked through, and we take a small break here to reflect on your journey so far. Along the way we will walk through the vegetation typical to this area, the unique Chachacomo trees.

At Toccopampa (3920masl.) we rest for a while by the clear creek before walking the last stretch of the day up towards SIGLLAKASA on the left side of the snow peak Chicon. With the first views of the snow we arrive to our camp called Huyo Pampa at 4075 masl.

Meals included: Lunch & dinner

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DAY TWO:

Wake up today to a breathtaking view of the mountains surrounding our camp. We are in a greenish pampa with thousands of the mysterious close-to-extinction native queña trees. After a nutritious breakfast we start the ascent towards the pass.

Cross through the queña tree forest on the way to 4600 masl. This area is generally covered with snow. Sometimes we can appreciate the interesting Viscachas (like rabbits with a long tail), and at 4455 masl. we pass the beautiful lagune of Champacocha with snow peaks as a magnificent background.

From here we have about 30 minutes more walking to the Sicllakasa Pass at 4600 masl. In clear weather we spend some time here to admire the view before starting the descent through the rough stair like stone-formations of volcanic rock on this side of the pass.

On the way down we pass beautiful lagunes, the biggest one is called Yana Cocha at 4350 masl. Arriving at the top of the Lares Valley we can appreciate the ecological level called Puna, where we have our lunch with a view of small huts and fields of llamas and sheep eating herbs.

This afternoon is an easy downhill walk passing the village of Conkani at 3670 masl. We continue past the cemetery of Kelkana before arriving at the thermal baths of Lares (3125masl.), where we arrive in the late afternoon. Here you can enjoy the hot water and relax our feet and tired muscles.

Meals included: Breakfast, lunch & dinner

DAY THREE:

Depart from the village of Lares in the morning and begin our drive back to the Sacred Valley. On the way we pass many small lakes and colourful bushes following along the banks of the lush Lares River.

After half an hour we arrive once again at the ecological level of Puna, with the llama and sheep enclosures, surrounded by the animals eating pastures. After the pass we travel down over a great grass prairie and pass through the canyon of Calca leading to the Sacred Valley. From here we catch the train to Aguas Calientes the nearest town to Machu Picchu and stay overnight.

Meals included: Breakfast, lunch & dinner

DAY FOUR:

In the very early morning we leave the hotel and travel by bus to Machu Picchu to enjoy a guided tour of the ruins. Here we will learn about the importance – religiously and historically – of this amazing site, and we will be able to appreciate the fine architecture of the Incas.

After the guided tour you are free to explore on your own. Climb to the top of Wayna Picchu, from where one has a good overview of the whole area and the full site of Machu Picchu or visit the beautiful temple of the moon.

In the afternoon we meet in Aguas Calientes to take the train back to Cuzco.

Meals included: Breakfast

END OF OUR SERVICES

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